

Character Plus

Parent Newsletter

January Perseverance

Students will be expected to be diligent with strength and determination to pursue academic goals.

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A Note to the Parents!

Dear KCKPS Parents and Guardians,

Welcome back to school! We hope you had a wonderful, rested break at home with your family.

Our character trait this month is a favorite - PERSEVERANCE! Encourage your kids to never give up!

As always, be sure to check out the book list, articles, videos and conversation starters to use at home with your child(ren).

Thank you for encouraging character growth at home!

- ★ The Ned Show Website has a great list of books and lesson plans for "Never Give Up."
<http://www.thenedshow.com/never-give-up.html>

Books & Articles to Read at Home

Children's Books about Perseverance

- ★ Read *Someday* by Eileen Spinelli. Discuss student goals, dreams, and careers and the perseverance it takes to reach our goals.
- ★ Read *Soda Pop Head* by Julia Cook. Discuss with students different ways to calm down.
- ★ Read *Mike Mulligan and His Steam Shovel* by Virginia Lee Burton.
- ★ *Stuck* by Oliver Jeffers
- ★ *Flight School* by Lita Judge
- ★ *Leo the Lightning Bug* by Eric Drachman
- ★ *Wilma Jean the Worry Machine* by Julia Cook
- ★ Read *The Most Magnificent Thing* by Ashley Spires.

- ★ Discuss how to not give up even if everyone around is telling them to quit and that they're not going to make it.
- ★ Discuss how the characters keep trying and don't give up.
- ★ Create goals with students by making a life timeline with students.

“Stick with it”

- S: Stay Positive
- T: Try again and again
- I: I won't give up!
- C: Complete the Task
- K: Keep encouraging others



Videos to Watch at Home

- ★ Bruno Mars “Don’t Give Up”
<https://www.youtube.com/watch?v=l0uSn9zXLTw>
- ★ Famous Failures
<https://www.youtube.com/watch?v=Ydeyl0vXdP0>
- ★ Middle School Perseverance Activity
<http://www.edutopia.org/research-made-relevant-grit-perseverance-walk-video#graph1>

Conversation Starters at Home

1. What does it mean to persevere?
2. Can you name someone who has shown perseverance?
3. What do you think causes some people to give up and stop trying? Do you ever do that? Why, or why not?
4. What qualities does your child have that will help him/her in reaching their goals?

What are ways you can show perseverance?

1. Try a new sport or skill that is difficult and don't quit.
3. Study and work hard to improve your grades.
4. Save up your money to buy something special.
5. Help a younger child learn to ride a bicycle or play a new game.
6. Spend hours practicing to play an instrument.
7. Always finish what you start. Do not give up when things get tough.
8. Try something again, even if you failed the first time.

SMART Goals

Help your child(ren) create an academic goal for the rest of the school year.

